

Reiki & Dreams

Weaving Light and Shadow



A Spring Retreat

*Welcome the pale green leaves of
spring at this restorative retreat
for Reiki practitioners*

May 10-12, 2019

*Seyon Lodge
Groton, Vermont*

www.centralvtreiki.com



Retreat Details

Date: May 10 –12, 2019
Time: 10 am Friday through 11 am Sunday
Location: Seyon Lodge, Groton, Vermont

Seyon Lodge, one of Vermont's best kept secrets, will be our private home for this restorative weekend. Set on the pristine shores of Noyes Pond, the Lodge will provide us with a comfortable, welcoming experience in the inspiring beauty of Groton State Forest.

Guests will enjoy delicious wholesome food and a restful sanctuary. Single and double rooms are available, with ample modern shared bathrooms and cozy sitting areas upstairs and down. *Register early as space is limited.*

- * Women of all ages are welcome.
- * Reiki I certification or higher is necessary to participate.

On Thursday, May 9, the day before the retreat begins, an *optional* Reiki Level I training will be offered for those who would like to discover Reiki and participate in the full weekend experience.

To register:

Contact Gerette at 802-498-8015 or info@centralvtreiki.com
Retreat cost \$495 (*includes accommodations, Fri/Sat nights, & all meals*)
Deposit of \$100 is required. Non-refundable after 4/15/19.
Private room \$100 extra. * *Partial work scholarships available.*
Payments can be made via credit card at centralvtreiki.com



Welcome the peepers and
the pale green leaves of spring at this
restorative and **nourishing retreat**
for Reiki practitioners.

Savor the **comfort** and beauty of
Seyon Lodge in Groton State Forest.

Experience the melding of the **tender practice of**
Reiki with a unique approach to dream exploration.

Open to new perspectives and insights about
your life and purpose.

Practice bringing Reiki's **light** to your most hidden places.

*Reiki helps gently lift the veil between our busy minds
and the rich reservoir of the unconscious.*

Using self practice, Reiki share, outdoor walks, artwork
and journaling, and a very special way of engaging with
and witnessing the magic of our dreams, we will build our
women's circle, in the tradition of sacred women's gather-
ings throughout millennia.

Participants will go home with tools to access the unique
wisdom of dreams, using the wellspring of power in our
own hands.

Nancy Mosher

Reiki Master & Teacher | Dream Mentor
Leadership Coach and Consultant

Gerette Buglion

Dream Mentor | Reiki Practitioner
Proprietor of Dream Haven of Vermont

Central Vermont Reiki

141 Main Street, Suite 1
Montpelier, VT 05602



Stamp

As a Reiki master, I understand what it is to tap into 'the space'! In this dream workshop I experienced a healing I've never seen before—very beautiful.

Susan G., Boston, MA

This workshop is like unlocking a door and leaves you wanting more.

Alli C., Moretown, VT

Photos courtesy of Seyon Lodge, Groton State Forest

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